

# Mercer County Community College Physical Therapist Assistant Program

## Approved Abbreviations for use in Documentation

### Category: Body Parts

Abbreviation	Description	Abbreviation	Description
ACL	Anterior Cruciate Ligament	MCL	Medial Collateral Ligament
C/S	Cervical Spine	MCP	Metacarpophalangeal Joint
DIP	Distal Interphalangeal Joint	mm	muscle
FCR	Flexor Carpi Radialis	MTP	Metatarsophalangeal Joint
FCU	Flexor Carpi Ulnaris	Pec	Pectoral / Pectoralis
GH	Gleno-Humeral	PCL	Posterior Cruciate Ligament
GI	Gastrointestinal	PIP	Proximal Interphalangeal Jt
H/S	Hamstring	Quad	Quadriceps
ITB	Ilio-tibial Band	RTC	Rotator Cuff
Jt	Joint	SI	Sacroiliac
LCL	Lateral Collateral Ligament	TMJ	Temporomandibular Joint
Lats	Latissimus Dorsi	T/S	Thoracic Spine
LE	Lower Extremity	UE	Upper Extremity
L/S	Lumbar Spine	UTrap	Upper Trapezius

### Category: Diagnosis

Abbreviation	Description	Abbreviation	Description
AAA	Abdominal aortic aneurysm	GSW	Gun Shot Wound
ABG	Arterial blood gas	Hgb	Hemoglobin
AKA	Above Knee Amputation	HNP	Herniated Nucleus Pulposus
ALS	Amyotrophic Lateral Sclerosis	HR	Heart Rate
ARF	Acute renal failure	HTN	Hypertension
BKA	Below Knee Amputation	LBP	Low Back Pain
BP	Blood pressure	MAP	Mean arterial pressure
bpm	Beats per minute	MI	Myocardial Infarction
CA	Cancer	MRSA	Methicillin resistant staph aureus
CABG	Coronary Artery Bypass Graft	MS	Multiple Sclerosis
CAD	Coronary Artery Disease	MVA	Motor Vehicle Accident
CBC	Complete Blood Count	OA	Osteoarthritis
CF	Cystic Fibrosis	PD	Parkinson's Disease
CHF	Congestive Heart Failure	PMH	Past Medical History
CVD	Cardio-Vascular Disease	PVD	Peripheral Vascular Disease
CVA	Cerebral Vascular Accident	RA	Rheumatoid Arthritis
COPD	Chronic Obstructive Pulmonary Disease	RR	Respiratory Rate
CP	Cerebral Palsy	RSD	Reflex Sympathetic Dystrophy
CRPS	Complex Regional Pain Syndrome	SOB	Shortness of Breath
CTS	Carpal Tunnel Syndrome	TBI	Traumatic Brain Injury
DDD	Degenerative Disc Disease	THA	Total Hip Arthroplasty
DJD	Degenerative Joint Disease	THR	Total Hip Replacement

DM	Diabetes Mellitus		TIA	Transient Ischemic Attack
DMD	Duchenne Muscular Dystrophy		TKA	Total Knee Arthroplasty
DVT	Deep Vein Thrombosis		TKR	Total Knee Replacement
Fx	Fracture			
HA	Headache			
H/o	History of			
Hx	History			

**Category: Direction / Position**

Abbreviation	Description		Abbreviation	Description
ABD	Abduction		Lat	Lateral
ADD	Adduction		(L)	Left
Ant	Anterior		Med	Medial
A/P	Anterior Posterior		M/L	Medial Lateral
Bwd	Backward		NWB	Non Weight Bearing
Diag	Diagonal		P/A	Posterior Anterior
DF	Dorsiflexion		PWB	Partial Weight Bearing
Ever	Eversion		PF	Plantarflexion
ER	External Rotation		Post	Posterior
Ext	Extension		Pron	Pronation
Flex	flexion		Prox	Proximal
Fwd	Forward		(R)	Right
FWB	Full Weight Bearing		Rot	Rotation
Hor	Horizontal		SB	Sidebend
HS	Heel Strike		Sup	Supination or Superior
ICU	Intensive care unit		TTWB	Toe Touch Weight Bearing
Inf	Inferior		WB	Weight Bearing
Inv	Inversion		WBAT	Weight Bearing as Tolerated
IR	Internal Rotation			

**Category: Equipment**

Abbreviation	Description		Abbreviation	Description
AD	Assistive Device		SBQC	Small based quad cane
AFO	Ankle foot orthosis		SPC	Single point cane
CPM	Continuous passive motion		SW	Standard Walker
4WW	Four wheeled walker		T-Band	Theraband
FWW	Front wheeled walker		TLSO	Thoracolumbosacal orthotic
KAFO	Knee ankle foot orthosis		WBQC	Wide based quad cane
LBQC	Large based quad cane		W/C	Wheelchair
NBQC	Narrow Based Quad Cane		// Bars	Parallel Bars
RW	Rolling Walker			

**Category: Exercises**

Abbreviation	Description	Abbreviation	Description
AAROM	Active Assistive Range of Motion	PNF	Proprioceptive Neuromuscular Facilitation
ADL	Activities of Daily Living	P/u	Push up
amb	ambulate	PQS	Prone Quadriceps Stretch
AROM	Active Range of Motion	QS	Quadriceps Set
BAPS	Biomechanical Ankle Platform System	ROM	Range of Motion
HEP	Home Exercise Program	SAQ	Short Arc Quadriceps
Isom	isometric	S/L	Sidelying
LAQ	Long Arc Quadriceps	SLR	Straight Leg Raise
lb	pound	Submax	Submaximal
PBall	Physio-Ball	Ther Ex	Therapeutic Exercise
PRE	Progressive Resistive Exercises	TM	treadmill
		UBE	Upper Body Ergometer

**Category: Interventions (Modalities / Procedures)**

Abbreviation	Description	Abbreviation	Description
CAT	Computerized axial tomography	MRI	Magnetic resonance imaging
CP	Cold pack	NAGS	Natural Apophyseal Glides
Dexa	Dexamethazone	NMES	Neuro-Muscular Electrical Stimulation
DF	Duty Factor	NMR	Neuromuscular re-education
DTR	Deep Tendon Reflexes	Phono	Phonophoresis
EMG	Electromyogram	POC	Plan Of Care
E-stim	Electrical Stimulation	Re-eval	Re-evaluation
Eval	Evaluation	SNAGS	Sustained Natural Apophyseal Glides
FES	Functional Electrical Stimulation	STM	Soft Tissue Mobilization
Ionto	Iontophoresis	TA	Therapeutic Activities
Mob	Mobilization	TENS	Transcutaneous Electrical Nerve Stimulation
MHP	Moist Hot Pack	Tx	Traction
MFR	Myofascial Release	US	Ultrasound
MMT	Manual Muscle Test		
mph	Miles per hour		

**Category: Miscellaneous**

Abbreviation	Description	Abbreviation	Description
ā	Before	NPO	Nothing by mouth
@	At	OOB	Out of bed
(A)	Assist or Assistance	OT	Occupational Therapist
As tol	As tolerated	p̄	After
(B)	Bilateral	Prec.	Precautions
BID	Twice a day	PRN	As needed
BIW	Twice a week	Pt.	Patient
B/L	Bilateral	PT	Physical Therapist
BOS	Base of support	PTA	Physical Therapist Assistant
BP	Blood pressure	RTW	Return to work
bpm	Beats per minute	r/o	Rule out
c̄	With	Re:	regarding
CC	Chief Complaint	Rx	Treatment
CGA	Contact Guard Assist	(S)	Supervision
C/o	Complains of	s̄	Without
COG	Center of gravity	Script	Prescription
Cont	Continue	SLP	Speech Language Pathologist
D/C	Discharge	S/p	Status post
DOB	Date of birth	STG	Short Term Goal
DOI	Date of injury	Sx	Symptoms
DOS	Date of surgery	Tol	Tolerated
Dx	Diagnosis	VC	Verbal cues
ER	Emergency Room	VIC	Verbalized informed consent
EOB	Edge of bed	WFL	Within functional limits
Eval	Evaluation	WNL	Within normal limits
Ex.	Exercise	y/o	Years old
F/u	Follow up	2 <sup>o</sup>	Secondary to or Due to
HOB	Head of bed	<	Greater Than
(I)	Independent	>	Less Than
IE	Initial evaluation	1:1	One to one
LTG	Long term goal	//	Parallel
Max	Maximum	'	Foot or Feet
MD	Medical Doctor	"	Inches
Min	Minimum	#	Pounds
MMT	Manual Muscle Testing	↑	Up, increased
mod	Moderate	↓	Down, decreased
MVA	Motor vehicle accident	√	Flexion
NF	No Fault	/	Extension
NS	No Show	↔	To and from
		&	And

## CPT CODES

#	Name	Description
97001	Physical Therapy Evaluation	
97002	Physical Therapy Re-evaluation	
97010	Hot or Cold Packs	Application of a modality to one or more areas; hot or cold packs
97012	Mechanical Traction	Application of a modality to one or more areas; traction, mechanical
97014	Electrical Stimulation (unattended)	Application of a modality to one or more areas; electrical stimulation (unattended)
97016	Vasopneumatic Device	Application of a modality to one or more areas; vasopneumatic devices
97018	Paraffin bath	Application of a modality to one or more areas; paraffin bath
97022	Whirlpool	Application of a modality to one or more areas; whirlpool
97024	Diathermy	Application of a modality to one or more areas; diathermy (eg, microwave)
97026	Infrared	Application of a modality to one or more areas; infrared
97028	Ultraviolet	Application of a modality to one or more areas; ultraviolet
97032	Electrical Stimulation (manual)	Application of a modality to one or more areas; electrical stimulation (manual), each 15 minutes
97033	Iontophoresis	Application of a modality to one or more areas; iontophoresis, each 15 minutes
97034	Contrast Bath	Application of a modality to one or more areas; contrast baths, each 15 minutes
97035	Ultrasound	Application of a modality to one or more areas; ultrasound, each 15 minutes
97036	Hubbard Tank	Application of a modality to one or more areas; Hubbard tank, each 15 minutes
97110	Therapeutic Exercise	Therapeutic procedure, one or more areas, each 15 minutes; therapeutic exercises to develop strength and endurance, range of motion, and flexibility. (Generally describes a service aimed at improving a single parameter, such as strength, ROM, etc.)
97112	Neuromuscular Re-education	Therapeutic procedure, one or more areas, each 15 minutes; neuromuscular reeducation of movement, balance, coordination, kinesthetic sense, posture, and/or proprioception for sitting and/or standing activities
97113	Aquatic Therapy	Therapeutic procedure, one or more areas, each 15 minutes; aquatic therapy with therapeutic exercise
97116	Gait Training	Skilled improvement of gait, includes stair climbing
97124	Massage	Therapeutic procedure, one or more areas, each 15 minutes; massage, including effleurage, petrissage and/or tapotement (stroking, compression, percussion)
97140	Manual Therapy Techniques	Skilled manual therapy techniques (mobilization, manual lymphatic drainage, manual traction), one or more regions, each 15 minutes. ( PROM is NOT manual therapy)

#	Name	Description
97530	Therapeutic Activity	Use of dynamic activities to improve functional performance. Describes the activities that use multiple parameters (strength, ROM, balance, etc) together and focus and achieving functional activity.
97535	Self Care / Home Management	Self care/home management training (ADL and compensatory training, meal preparation, safety procedures and instructions in the use of assistive technology devices/adaptive equipment)
97542	Wheelchair Management	Wheelchair Management (eg, assessment, fitting, training), each 15 minutes
97760	Orthotic Management	Orthotic(s) management and training (including assessment and fitting when not otherwise reported), upper extremity(s), lower extremity(s) and/or trunk, each 15 minutes
97761	Prosthetic Management	Prosthetic training, upper and/or lower extremity(s), each 15 minutes
97762	Orthotic/Prosthetic Checkout	Checkout for orthotic/prosthetic use, established patient, each 15 minutes
97150	Group	Therapeutic procedure(s), group (2 or more individuals)

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