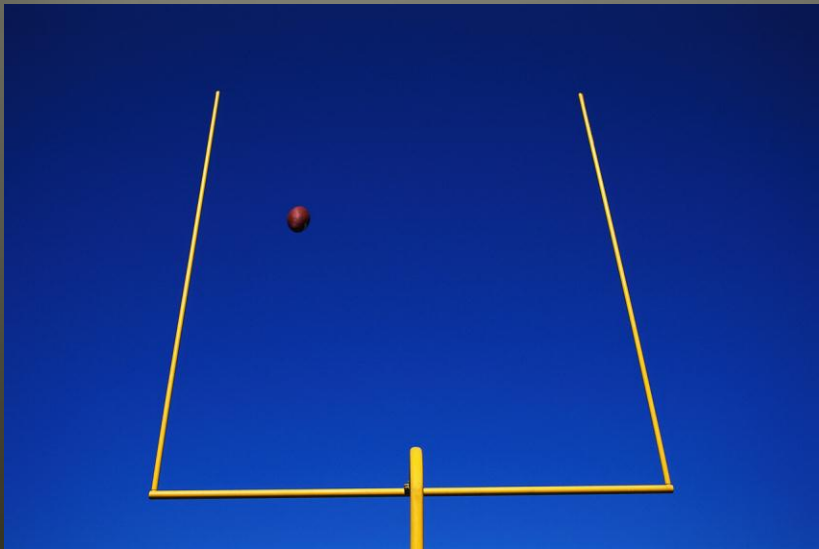


Physical Therapy

Some definitions that need
clarification

Goals

- The intended results of patient/client management.
 - It's your turn to provide some examples!



Goals

- Goals indicate changes in impairment, functional limitations, and disabilities and changes in health, wellness, and fitness needs that are expected as a result of implementing the plan of care.



Goals

- Goals should be measurable and time limited.
 - (if required, goals may be expressed as short-term and long-term goals.)
- It's your turn to provide some examples!**



Impairment

- A loss or abnormal physiological, mental, or psychological structure of function.
- *Secondary impairment*; Impairment that originates from other, pre-existing impairments

- It's your turn to provide some examples!



Functional Limitation

- The restriction of the ability to perform at the level of the whole person, a physical action, task, or activity in an efficient, typically expected, or competent manner.
 - It's your turn to provide some examples!



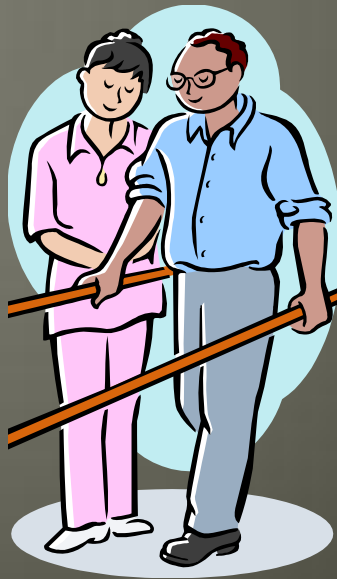
Function

- Those activities identified by an individual as essential to support physical, social, and psychological well being and to create a personal sense of meaningful living.
- **It's your turn to provide some examples!**



Dysfunction

- Disturbance, impairment, or abnormality of function of an organ.
- It's your turn to provide some examples!



Plan of Care

- Statements that specify the anticipated goals and the expected outcomes,
 - predicated level of optimal improvement,
 - specific interventions to be used, and



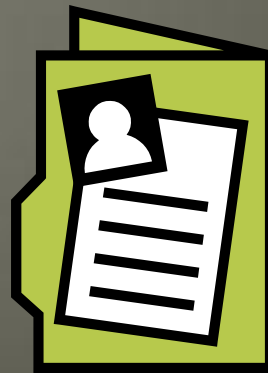
Plan of Care

- Statements that specify the anticipated goals and the expected outcomes,
 - proposed duration and frequency of the interventions that are required to reach the goals and outcomes.
- The Plan of care includes the anticipated discharge plans.



Expected Outcomes

- The intended results of patient/client management which the changes in impairments, functional limitations, and disabilities and the health, wellness, and fitness needs that are expected as the result of implementing the plan of care.



Expected Outcomes

- The expected outcomes in the plan of care should be measurable and time limited.
- It's your turn to provide some examples!

